



**INFRFC International winter workshop
Compost making; Introduction to practice**



With the increase of human population in the last two centuries, soil degradation by intensive agriculture and climate change impact on agriculture in the world. Sustainable agriculture became a key for future food production. Since fundamental nutrients for plants have certain limitations to use for the future generations, utilizing organic materials within a community is more important to maintain food production systems. INFRFC is one of the leading organizations that has promoted organic farming for over 30 years in Japan. Through the workshop, you will learn how to utilize organic materials by making compost and the principles of composting that you can apply the knowledge in your country.

Date: Jan 20- Jan 24, 2020

(we could adjust the program date if you join as a group between Jan and March)

Place: International Nature Farming Research Center

5632-1 Hata, Matsumoto, Nagano, Japan

Workshop fee: U\$ 650 (including 4 nights accommodation, meals and text books)

U\$ 450 for college students

Excluding flight tickets and visa fees

We ask you to pay a U\$ 100 registration fee in advance.

Are you an extension officer or a student?

The certificate of the workshop is given to the participants. You will be able to train farmers with our knowledge.

Language: English/ Chinese

Application deadline: 31 Dec 2019

Apply via inquiry form on the website or email to matsuura@infrfc.or.jp

INFRFC home page: <http://www.infrfc.or.jp/english/8522/>

Program

Day 1: 1 : 0-20:00

Registration and orientation

Lecture 1: The Principle of nature farming and its cultivation systems

Lecture 2: The introduction to compost making

Day 2: 9:00-17:00

Lecture 3: fermentation technology

Practice 1: compost making (rice husk compost and soil bokashi)

Day 3: 9:00-17:00

Lecture 4: How to apply compost

Practice 2: compost making (grass compost and lead mold compost)

Day 4: 9:00-17:00

Lecture 5: How to make Bokashi fertilizer

Practice 3: Bokashi making and field tour

Day 5: 9:00-12:00

Field excursion (composting facility and farmers market)

Access:

From Tokyo; You can reach to Matsumoto by a highway bus or a JR limited express train 'Azusa' from Shinjuku.

From Chubu international airport

Take a highway bus or a JR limited express train 'Shinano' from Nagoya.

Highway bus info: <https://www.alpico.co.jp/en/timetable/>

About Matsumoto

The entrance city to Japan North Alps mountain ranges. Nagano has over 60 ski resorts and famous for wonderful onsen (hot springs) the region. Matsumoto castle is just located in the city center with historical landscape.

<https://www.go-nagano.net/en/>

